

have what we took up. Personally, I never felt hungry."

It is not surprising that, with the strain of the work, the effects of her wound, and an attack of pleurisy resulted in her being advised to take a rest at the end of four months, so she came down to Petrograd (a three days' journey) and then through Finland and Lapland, where she was within 10 miles of the Arctic circle, down the coast of Sweden to Bergen. In Sweden she says that the feeling is very antagonistic to this country, though not so strongly as it was on her way to Russia, when, having engaged beds at an hotel, she was refused admission when it was known that she was English. At Bergen she went on board a Norwegian boat bound for this country, but the Norwegian crew would not sail, and finally a Finnish crew were engaged. They travelled with the boats slung out, and each provided with a keg of water, a barrel of biscuits, an oil lamp, a keg of kerosene, and an extra oar. Each passenger was supplied with a life belt. After a fifty-hours' journey they at last reached Newcastle. Even then they were not allowed to land until an Aliens' officer had been on board, and when he had finished the Customs officer followed. It is not easy to get into this country nowadays.

FOR VALOUR.

Before leaving Russia Miss Thurstan was honoured by the award by the Czar of the Order of St. George, a military decoration given "for valour." In our portrait she appears wearing the Order, with the obverse side uppermost, showing the effigy of the Czar and bearing in Russian the words "Nikolai II, Emperor of Russia." On the reverse, illustrated on page 207, the words signify "For Valour." The ribbon from which the Order is suspended is orange and black. The small medal is the Marie José Medal, the gift of the Belgian Red Cross Society.

Miss Thurstan has many incidents of interest to relate, and in the words of Sir Claude Macdonald in reference to other nurses, "I have listened to the narrative of her adventures, simply and modestly told, with feelings of great pride of race, which I am sure will be shared by Britons all the world over." But I must restrict this interview, as Miss Thurstan has herself written a book which will shortly be in the press, and which must not be anticipated. It will be eagerly awaited by those who know that her literary ability equals her professional skill.

M. B.

MOTOR AMBULANCES FOR RUSSIA.

Queen Alexandra, at Marlborough House, last week, inspected a fleet of motor ambulances, composing the first unit raised by the City of London, for presentation to the Russian Cavalry. They will be despatched immediately in charge of Prince Imeretinsky, who will present them to the Empress.]

THE NATIONAL COUNCIL OF TRAINED NURSES.

A meeting of the National Council was held at the office, 431, Oxford Street, London, W., on Saturday, March 6th, Mrs. Bedford Fenwick, President, in the chair.

THE INTERNATIONAL COUNCIL MEETING.

A letter was received from Miss L. L. Dock, Hon. Secretary, International Council of Nurses, New York, in which she wrote:—"You may imagine how much of disappointment and affliction it is to us to be compelled to give up our plans for International Day. But we have felt it is necessary; we have had so general an opinion that it was advisable, that the American Councillors and Miss Goodrich, President, have decided to write officially to the members to this effect. New Zealand, India, Denmark, Holland, are unable to send delegates, and we learn that Sister Agnes Karll, Germany, has given up all thought of the Congress. . . . Whilst this terrible War rages it would seem a mockery to try to repeat the beautiful ceremonies of England and Germany on International Day. Now we must resign ourselves to holding simply an American Nurses' Annual Meeting. Needless to say, any member who can come from abroad will be warmly welcome, and we shall have our own special train and trip, leaving New York for San Francisco on Wednesday, June 9th. There will, of course, be much that is delightful and pleasant at San Francisco, and we have determined to hold our International Business Meeting, so that there shall be no break in the continuity of the business of our Federation."

The President reminded the Council that each National Council affiliated to the International Council has the right to appoint four official delegates to represent it at the International Meeting. She regretted to report that owing to the War the large number of members who had intended to attend the meeting were now unable to do so, but that Miss Annie Hulme, Hon. Sec. Matrons' Council, and Miss B. Kent intended to go to San Francisco on the Nurses' Train, and she proposed that these two ladies should be invited to attend as official delegates of the Council, and be instructed how to vote, and to present the Triennial Report of the National Council of Great Britain and Ireland. This was agreed to.

The President then reported that the American Council suggested that the next Triennial Meeting of the International Council should

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